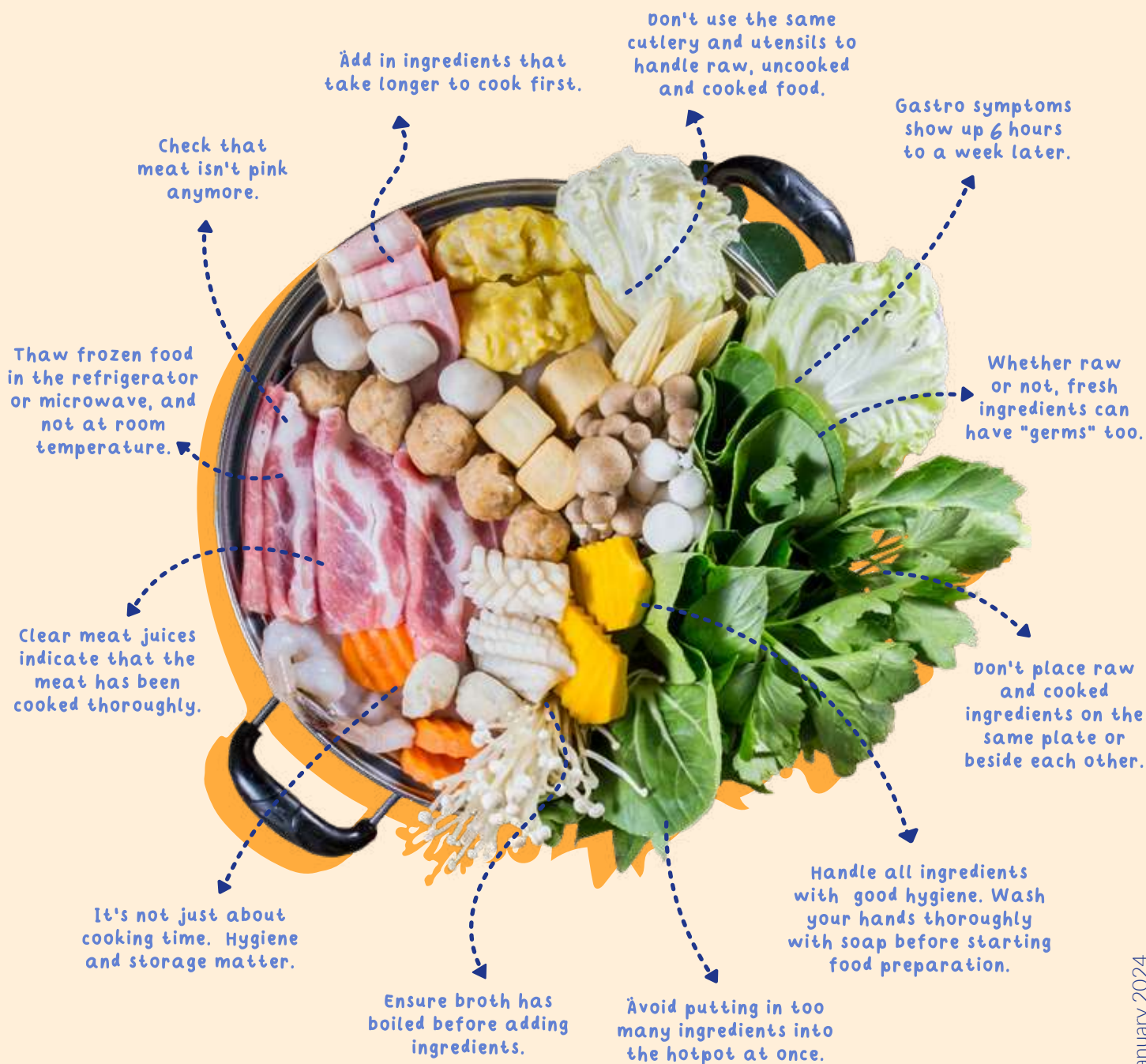


STEAMBOAT ETIQUETTE TO KEEP STOMACH FLU AT BAY

In consultation with **Dr Shirley Bong**, Associate Consultant, Division of Gastroenterology, Department of Medicine, NTFGH and Associate Consultant, Division of Gastroenterology & Hepatology, Department of Medicine, NUH.



Gastroenteritis is contagious. Sharing utensils or sauces increases the risk of contracting gastroenteritis, and transmission can also occur through touching contaminated surfaces or direct contact with an infected individual.

-- Dr Shirley Bong

